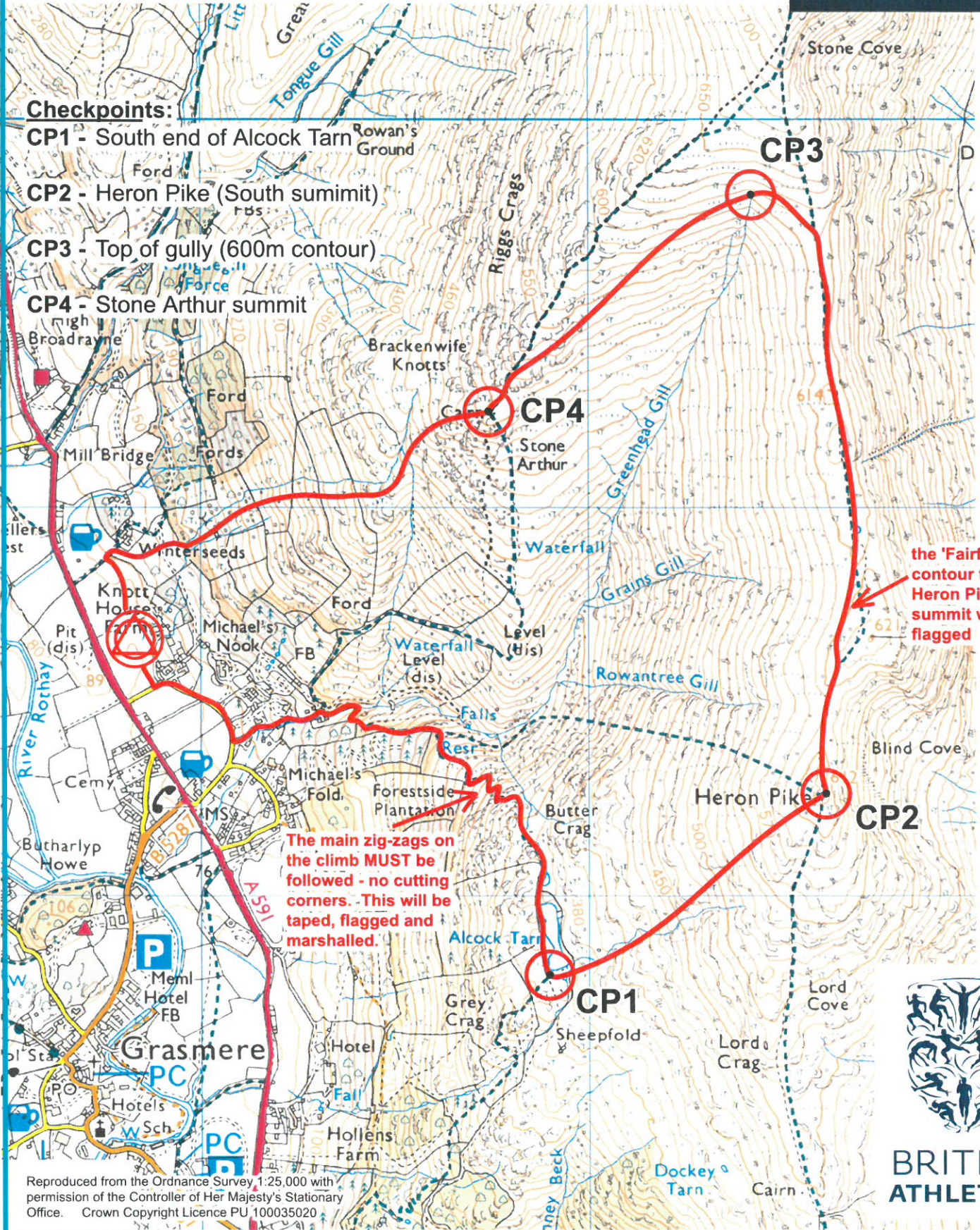


# Leg 4

Minimum age 16 years old.  
Fully flagged - you must follow the red flags.  
The route may be subject to change. Competitors  
will be notified of these changes in advance.

4.5 miles - 2000ft  
7km - 600m

Solo leg



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