

Important Additional Race Information

Mass Start Times & Checkpoint Cut-off times

The times for the Mass Starts have changed ever so slightly. In addition, the final 3 legs now all have one Checkpoint with a cut-off time. The time allowances are quite quite generous on Leg 2 and Leg 4 but a little tighter on Leg 3 for the safety of both runners and marshals as the weather forecast is mixed.

Any team 'timed-out' at a Checkpoint must return to race HQ and hand their SI-card in at the SPORTident tent next to the Start / Finish. The remaining team runners will still be allowed to run their legs (in the mass starts if necessary) and receive leg times, but your team will be shown as disqualified.

Mass Starts & Checkpoint Cut-off times			
	Mass Start time	Cut-off Checkpoints (all manned)	Return route
Leg 1	Race Starts 11.00am	None	
Leg 2	12:15hrs	CP2 Great Rigg 13.15hrs	Return via same flagged route
Leg 3 (Navigation leg)	13.50hrs	CP3 15.15hrs	Navigate back to Start / Finish
Leg 4	15.30hrs	CP2 Heron Pike 16.30hrs	Return via same flagged route

Leg 3: Navigation Leg

- Reminder - there may (or may not depending upon route choice) be uncrossable boundaries on the Nav Leg. These will be clearly marked on the map. All runners must use the marked crossing points to cross any such boundaries. Any runners not doing so will be disqualified.
- There is one area of land you might encounter with lots of small tree saplings. Please be careful not to damage them; besides running into them will slow you down anyway!

Leg 4: Change to final descent

From Stone Arthur, Leg 4 will now descend direct to the finish field in full view of the finish field. This is a change to the published descent line on the map. It was necessary to keep this a secret until now to ensure that runners were not tempted to recce this line as it is almost entirely on private land belonging to the event field owner. The new line will be fully flagged and available for recce (in reverse from event field) from 9am on the morning of the race. **Please do not attempt to look at it before then.**

A copy of these changes (and any others) will be posted at Race Registration.